

***“Let the Church
always be a place
of hope, where
everyone is
welcomed, loved
and forgiven.”
Pope Francis***

Some of life’s journeys can literally throw us for a loop. Sometimes our friends and family can help. Other times, we need comfort and peace that the world can’t give. This is when we need our faith and to be able to turn to our Church family for support.

We are reaching out to do just that – to show support and that we are here.

The end of a marriage can be some of the most difficult steps traveled. Oftentimes one can feel alone and as if you are moving in circles with a million feelings and questions. Whether this is a new journey or one you’ve been on for a while we want to reach out and help.

SPEAKERS

Retreat Leader

Sandy Hornbach

Regional Pastoral Associate

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Speaker on Grief

Dr. Michael Murphy

Ruah Woods

Speaker on Shame vs. Guilt

Dr. Joseph Molitor

Ruah Woods

Speaker – “You Are Not Alone”

Sharon Montgomery

Welcome Home Ministry

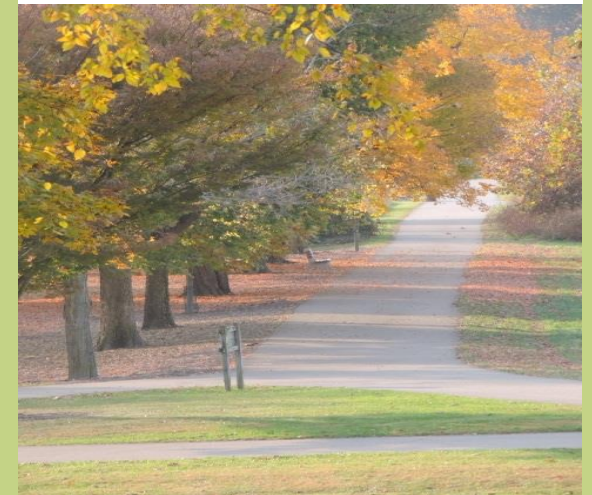
Blessed Saints Region

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Important: All information received and discussion within retreat is held in complete respect of privacy!

BLESSED SAINTS REGION
ST. BARTHOLOMEW-ST. VIVIAN

A Pathway TO Healing



Saturday, October 21

***A Retreat for the Divorcing or
Already Divorced
(Single or Remarried)
Cost: FREE!***

REGISTRATION

DEADLINE: OCTOBER 16

Name _____

Address _____

City _____

State _____

Zip _____

Phone _____

Email _____

(You may mail form to St. Bartholomew 9375 Winton Rd, Cincinnati, Ohio 45231 c/o Sandy Hornbach; Email the information to sandy.hornbach@fuse.net or drop in a sealed envelope in the collection basket at St. Bartholomew addressed to Sandy Hornbach.

COME JOIN US!

This is an invitation to connect to others who have or are traveling similar journeys and to know that you are not alone. On Saturday, October 21, we will be holding a retreat from 9:00 a.m. until 4:00 p.m. in Ursuline Hall at St. Vivian Parish.

Spend some time exploring and learning to walk through the myriad of feelings you are experiencing. Spend some quiet time alone or together in prayer, with availability to speak with a pastor. Find out about resources available to help. The retreat is **FREE** and continental breakfast and a catered lunch are provided.

Find connection, support and help with healing with others and your Church community.



RETREAT SCHEDULE

8:30 a.m. Check-in and breakfast

9:00 a.m. Welcome and Prayer

9:15 a.m. "You Are Not Alone"

9:45 a.m. Small group

10:20 a.m. Break

10:30 a.m. "Is What I'm Feeling Normal?" Stuck in grief and working through it.

12:00 p.m. Lunch

1:00 p.m. "Shame or Guilt?"

2:00 p.m. Breakouts

A. Prayer, reflection and pastoral guidance

B. "A Million Questions"
A chance to ask questions

3:00 p.m. "Forgiveness and Divine Mercy"

3:30 p.m. Resources and Feedback

4:00 p.m. Closing Comments and Prayer